



## 7th Annual Loop the Lagoon Save The Date! Saturday, May 1, 2010

### Join Us

Please join us May 1st and enjoy the beautiful hills and lake at Lagoon Valley Park. Whether you are competing seriously or walking leisurely, Loop the Lagoon is a great way to get involved in a healthy activity for a worthy cause.

### Timing & Prizes

Computerized timing/results by Change of Pace. \$600 prize purses provided for top men & women finishers of 5K/ 10K and Tower Challenge. Prize for Team with most entries. 5K USATF certification CA09001RS.

### Events

- **5K- 8:30 AM**, timed
- **10K- 8:45 AM**, timed
- **2 MILE WALK- 8:45 AM**, untimed, all-terrain course for everyone
- **TOWER CHALLENGE 10K- 8:45 AM**, timed, all-terrain course with a 730-foot gain
- **HALF MILE KID'S RUN (9-12 YRS)- 10:30 AM**, timed, kids 9-12 years only
- **HALF MILE KIDS RUN (8 & UNDER)- 10:45 AM**, timed, kids 8 years & under only.

### Entry Fees & Deadlines

Adult: \$30, Child 18 & under: \$15. Download an entry form at [www.VPEF.org](http://www.VPEF.org) or register online. No race day team registration.  
One entry form per team member.

**Online:** at [www.VPEF.org](http://www.VPEF.org) thru **April 28, 2010**

**Mail:** to Vacaville Public Education Foundation,  
3442 Browns Valley Road #400, Vacaville, CA 95687  
Postmarked by **April 26, 2010**

**In Person:** Fleet Feet, 354 Merchant St., Vacaville thru **April 30, 2010**